

Learning Unit 1 / Activity 1.2.: **Annex 3****GROUP DISCUSSION****Self-recognition (skills, interests), clarifying your strengths and weaknesses****Who am I?****Motivational introduction:**

Possible questions for the introductory discussion: How do you respond when someone asks you: "What kind of person is it?" Are you describing his appearance or his features? And what qualities do you choose? Would you be able to characterize your personality?

Activity description:

- Each participant receives a format card of about A5 and has the task of expressing his own personality in detail - participants have pencils, crayons, pins, etc., they can use any forms except for writing.
- Completed cards are collected. Nobody knows whom the cards belong to. After collecting all of the cards, the participants sit down in a circle, discuss the individual cards and guess what the individual elements of a card and its whole image mean and whom the particular card might belong to.

Conclusions and reflection:

- Participants are able to identify express their characteristics and the way in which their personality can affect others.
- Reflection ideas: How difficult was to find out the card owner? How did you guess the card holder? Was it easy for you to transfer your entire personality to a small card and were you able to do it? What surprised you when your card was presented? What else would you add to your card?

Materials needed:

- an empty A5 card for all participants
- enough pencils, crayons and pins, etc. for the whole class

Duration:

- 30 minutes